



FORBIDDEN FRUIT GOURMET BAR

Granola bar with caramel, pecans, apples and maca powder

Ingredients:

Rolled oats^{*°}, honey[°], spelt flour^{*°}, dried dices apples, pecan chunks, tamari^{*} (water, soybeans^{*}, salt, wheat^{*}, alcohol^{*}), sunflower oil, crispy rice^{*} (brown rice flour, sugar cane juice, salt, molasses, rice bran extract), agave nectar^{*}, caramel, oat bran^{°*}, shredded coconut^{*}, maca powder, agar-agar.

*Organic ingredients

°Local ingredients

Allergies:

This product contains nuts and may contain traces of sesame, gluten and soya.

Storage and product conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

Expiry date:

Each bag is identified with the expiry date (DD-MM-YY).

Product verified by *Ecocert Canada*



Valeur nutritive Nutrition Facts

pour 1 barre (40 g)
Per 1 bar (40 g)

Teneur Amount	% valeur quotidienne % Daily Value
Calories / Calories 150	
Lipides / Fat 3 g	5%
Saturés / Saturated 0,5 g + trans / Trans 0 g	3%
Cholestérol / Cholesterol 0 mg	0%
Sodium / Sodium 115 mg	5%
Glucides / Carbohydrate 28 g	9%
Fibres / Fibre 2 g	8%
Sucres / Sugars 13 g	
Protéines / Protein 3 g	
Vitamine A / Vitamin A	0%
Vitamine C / Vitamin C	0%
Calcium / Calcium	2%
Fer / Iron	8%