



## GOURMET GRANOLA NATURAL

Crunchy granola perfectly roasted with golden Quebec honey

### Ingredients:

Rolled oats<sup>°</sup>, spelt flour<sup>°</sup>, honey<sup>°</sup>, sugar\* (cane sugar), oat bran<sup>°</sup>, sunflower oil, rolled rye<sup>°</sup> and barley<sup>°</sup>, shredded coconut\*, tamari\* (water, soybeans\*, salt, wheat\*, alcohol\*), sesame\* and flax\* seeds, maca root powder\*.

\*Organic ingredients (83% of final product)

<sup>°</sup>Local ingredients

### Allergies:

This product contains nuts, wheat and sesame.

### Storage and product conservation:

It is preferable to store the product in a cool place (between 5 and 15°C).

### Expiry Date:

Each bag is identified with the expiry date (DD-MM-YY).

Certified by *Ecocert Canada*



### Valeur nutritive Nutrition Facts

pour 1/2 tasse (50 g)  
Per 1/2 cup (50 g)

Teneur Amount	% valeur quotidienne % Daily Value
<b>Calories / Calories</b> 190	
<b>Lipides / Fat</b> 6 g	9%
Saturés / Saturated 1 g + trans / Trans 0 g	5%
<b>Cholestérol / Cholesterol</b> 0 mg	0%
<b>Sodium / Sodium</b> 95 mg	5%
<b>Glucides / Carbohydrate</b> 29 g	10%
<b>Fibres / Fibre</b> 4 g	16%
<b>Sucres / Sugars</b> 7 g	
<b>Protéines / Protein</b> 6 g	
<b>Vitamine A / Vitamin A</b>	0%
<b>Vitamine C / Vitamin C</b>	0%
<b>Calcium / Calcium</b>	2%
<b>Fer / Iron</b>	10%